

# THE PHOENIX

## STEWARDS ACADEMY NEWSLETTER

AUTUMN EDITION 1 . 2023



#### HEADTEACHER'S MESSAGE



Dear Parents and Carers,

As we reach the end of the first half-term, it is wonderful to be able to share with you some of the events and activities our young people have taken part in over the last few weeks. We have also included some news from the end of last term that didn't quite make it to press in the last of our newsletters in the summer.

I would like to thank those parents and carers who attended our Parents' Information Evenings this term. It was wonderful to see so many of you there, showing your willingness to understand how best you can support your child to achieve. Tutor-parent meetings are coming up after half-term; please put these in your diaries for an opportunity to really understand how your child is getting on in school.

I would also like to extend my thanks and congratulations to our two new parent governors: Tess Millar and Kerry Lawson. We appreciate you both stepping forward to take on this important role, giving your time and experience to support the academy.

Wishing you all a good autumn break. Kind regards, Mrs Ginger

HEADTEACHER MRS GINGER



## **Stewards Learner**

I hope you are all well and have had a lovely summer - It seems such a long time ago. I would like to thank all pupils and parents for their support with the raising of the uniform standards. As a school, we have seen a significant improvement. Please could I ask for your continued support with this as it makes such a difference. Hopefully you will also be aware that our dining room facilities have been improved with a new grab and go system being introduced. This has certainly proved popular with the students and sped the process up considerably, ensuring that pupils are not spending their breaktimes standing in a queue. Moving forward, we hope to open the third canteen shortly after the half-term break, along with a more permanent snack cabin in the back playground.

We continue to promote the importance of good attendance and punctuality with all pupils and the impact this has on their own, and others progress. This issue is obviously key to our year 10 and 11 students as they start to prepare for their GCSEs and life beyond Stewards. Having said this, however, this is equally as import to our younger students in year's 7-9 as they develop their knowledge and understanding of the various curriculum subjects. Again, your support in raising the importance of good attendance and punctuality is so important and much appreciated.

This term has, if you are not already aware, seen the introduction of the Stewards Passport which is not only aimed at supporting the pupils learning with lots of tips and guidance, but also recognises and rewards them for their positive contributions to the school. Please take the time as parents to have a look and encourage pupils to complete the various challenges. It would be great to reward as many pupils as possible at the end of the term.

Lastly, could I just remind parents that should they wish to speak with staff, there are several ways that this can be done. Staff can be contacted via e-mail or messaged on ClassCharts. If a more urgent response is required then a call can be made to reception and an appointment can be arranged at a mutually agreeable time. I'm sure you will understand that teaching staff are often not available as they are teaching which can often lead to frustrations. Our fantastic office team will only be too glad to assist and support, all they ask is that they are treated politely and calmly and hopefully, sometimes with a smile.

That's all from me, I look forward to catching up next term.

**Mr Scholtes** 

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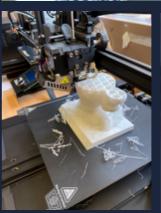
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## PTI AWARD

week Stewards Academy's Design Technology Department was awarded the prestigious Princes Teaching Institute (PTI) Chartermark for Design & Technology, one of only a handful of DT Departments across the country to achieve it. The PTI offers a range of professional development for school leaders. The School Leadership Programme is built from a national network of school leaders seeking to make the greatest impact within their schools, with members of the Programme developing school leadership approaches and practical solutions aimed at supporting effective teaching and learning. The Chartermark was completed through an actionbased, practical research project, designed so teachers can take inspiration from other teachers facing similar challenges. The PTI is committed to making high quality, rigorous and enjoyable education available to every child, regardless of their background or ability just as we are at Stewards Academy.





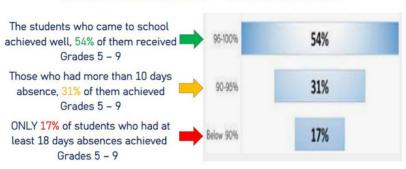




Mr Laing

## YEAR 11 GCSE RESULTS DAY 2023

## LOOK AT THE FACTS.... Good Attendance = Good Grades



Year 11 results day 2023 was full of pride and happiness from students, parents and staff. We are so proud of our 2023 leavers for everything they have accomplished during their time with us. Seeing them grow into kind, ambitious and confident young people has been a joy, and we wish them all the luck in the world for their futures.

'The Exam team were in bright and early ready to welcome the eagerly awaiting' students. It was so nice to see so many year 11s arrive in person to collect their results and we were delighted to see so many happy faces.' - The Exam Team



# HOUSE

### STEWARDS ACADEMY



# **NEWS**

Nathan Baker 7RN - 82 Cordelia Mulato 7SRH - 81

Lucretiu Turcanu 8ET - 57 Poppie Manlow 8ET - 54

Anastasija Kukina 9ID - 52 Melik Dziri 9ID - 49

Jack Easby and Denis-Gabriel Mihaies 10CWH - 51 Harrison Brennan 10CWH - 50

Maria-Alexandra Popescu 11ALC - 51 Lily Yamoah 11ALC - 50

> Kaysie King 7VE - 79 Ama Hanson 7SMR - 51

Liam Jackson 8JM - 57 Danielle Palmer 8JW - 59

Tristan Radford 9PBT - 40 Oscar James 9KH - 40

Julia Lukasik 10KW - 45 Aiden Rutherford 10KJ *-* <mark>61</mark>

John Vieira Sa 11ROG – 31 Arda Kuc<u>ukcesar 11CV – 37</u> www.stewardsacademy.org



Bella Bovingdon 8ARM - 62 Obert Marufu 8DSR - 58

Robin Mitchell 7UM - 73

Robert Ramsay 9KLD - 54 Lola Robery 9KS - 54

Evelyn Asuma 10ASD - 53 Macey Rooney 10SJG - 52

Rohwan McCann-Warner 11EC - 53 Isabella Riga 11EC - 40

Manha Rashid 7RH - 66 Mollie Williams 7TKK - 83

Logan Spry 8TEC - 46 Hope Middleton 8EW - 52

Mariam Crasmaru 9EO - 38 Samuel Bridges 9SRM/AC - 49

> Mazey Taylor 10MG - 36 Amelia Ashton 10PH - 49

Emmanuel Kamba 11EKG - 50 Dale Zimunya 11MR - 62











Year 11 student Daniel Calin, has always been interested in Design & Technology, and is currently completing the DT course within our department. From a young age, he showed an interest in fashion design and creating his own clothing line, which is exactly what he has managed to do!

"Believer is a clothing brand made with the upmost attention to detail, and manufactured with high quality materials. The brand Believer, came to life when I decided to use my inspiration and belief of Christianity to create a clothing brand that glorifies all believers, no matter what they believe in. My passion for creating a fashion collection for people to enjoy also helped me. The clothing is all machine washable, made with 100% cotton and DTG printed logos. The website will be live soon!" – Daniel Calin (11MR)















## TECHNOLOGY DEPARTMENT





## **DEPARTMENT FOCUS**

Being part of the Technology team is such a privilege to us at Stewards. We get to see the smiles on pupils faces when they receive those higher grades they may not have got in theory-based subjects. We get to teach skills for life and capture enjoyment through designing and making.

We asked our new Year 7 class, Why do we do Design & Technology? The responses included "everything we can see, and touch has been designed and made by someone" and "to inspire the future generations". These statements, in a nutshell, is why we do what we do!

We'd also like to welcome back our KS4 pupils. We cannot wait to see your outcomes on your coursework. Our current Year 11s have been an amazing cohort of pupils so far and worked incredibly hard to achieve above and beyond our expectations across all our specialist DT subjects.

As we move forward and progress this year, we have been working on further embedding Sustainability into our department by introducing the new Y8 bottle top lamp project. We sent an announcement out in the summer, appealing for plastic bottle tops that we could melt down and mold into lampshades, and the response has been astounding! We thank the students and their parents for the efforts with this! This is building upon our already existing denim upcycle project, where the pupils and staff will donate old denim garments, to cut up and make into a new product. Alongside this, we aim to embed sustainability into our food technology rotation by re-using ingredients or food, prepared in a previous lesson, to cook a fresh healthy dish in the next. This is widely focused on in KS4. In KS3, the pupils are taught to cook from scratch, using fresh seasonal ingredients. Pupils can personalise their food by using additional ingredients bought in from home or accessing the wide range of herbs and spices available to them.

Keep up the hard work Technology pupils and keep your eyes peeled for more new and exciting opportunities that are coming soon!

# Stewards Academy Visit WALES!





The Rainbow Project and Stewards Academy collaborated to send 12 brilliant young people to Wales on an adventure trip of a lifetime. Our students faced new experiences and they were challenged to overcome their own personal fears, for example, being afraid of the dark or heights. There was no rest upon arrival as the students were put to the test and their first challenge was to scale a mountain. This was something that many of the pupils hadn't expected after a long day of travelling in the minibus, but it turned into being one of the many highlights of the trip, with picturesque views and the students growing more confident after realising their own achievements. Social time in the evenings was an opportunity for all the students to bond together and was spent playing games, such as card games and races. On our second day, the pupils participated in Caving and were tested with their abilities to explore the hidden wonders of Wales. Many pupils hadn't expected to enjoy this activity, with some being anxious about the tight spaces but listening to their evening chatter, it was clear that many pupils felt that this experience was a 'once in a lifetime' moment. All the students wore exhausted smiles as they happily tried to predict the activities of the next day. On our third day, the pupils went canoeing in the nearby lake and some of our more courageous lads even enjoyed a chilly dip in the water. It was a wholesome moment to see that many of the students were coming out of their shells and becoming bolder by each passing day. By day four, an established routine had been made and the pupils were up and ready by 8am (yes teenagers woke up before midday!) Our morning ritual consisted of making beds, setting up the dining room tables, having breakfast and cleaning up after ourselves. This was often followed by a competitive game or two of Uno and being informed of our daily activities. Our fourth day consisted of water gorging - another first for many pupils - and once again, Stewards Academy were challenged to face icy waters and we even had to climb up a waterfall! I cannot express how proud I was to see how the group had developed into a well-established team that would support each other and consistently demonstrated that they cared for their fellow adventurers. To truly enjoy nature's beauty, our little team had to push ourselves to exceed our own expectations and overcome the exhaustion to scale the rocks against the current. It was extremely humbling to see how the pupils frequently 'checked in' with the 'old one' (yes – that's me) at the back and would try to demonstrate how to climb the rocks safely. On our final day, the students were extremely fatigued, but each student was still smiling and eager to partake in our final activity - laser tag. Divided for the first time into two smaller, separate teams - the stakes had increased - and the pupils were ready to face each other in the 'final showdown.' Leaping through long grass, ducking under trees, and rolling around in thick mud was all a demonstration of their commitment to taking down their opponents. As the many tired faces climbed into the minibus for their journey home, it was clear that the group had changed from being individuals going on a school trip to friends who had enjoyed the holiday of a lifetime together. I would like to personally thank each of the students for allowing me to share this experience with them. We are also grateful to Riley for accompanying us and to Jason at the Rainbow project for arranging this brilliant trip. Miss Dorling

#### **YEAR 6 SUMMER SCHOOL 2023**

During the summer holidays of 2023, Stewards Academy opened its doors to over 100 pupils for 'Summer School'. The school was a buzz of activity, life, and joy for the 5 days.

Pupils got the chance to meet their form tutors and fellow tutees, meet their teachers and socialise with their new peers. A variety of activities such as art, rocket launches, baking, music, creative writing, maths challenges, historic battles (involving water balloons!!), trampolining and dodgeball took place.

Students were greeted every morning in the hall for a year group meeting before heading off to their other enrichment activities. The week was finished with a sports day battle between their tutor groups with each tutor group showing their skills and challenging each other through each of their own designed Hakas!

Not only was the week a huge success for pupils, but staff members also thoroughly enjoyed meeting and getting to know our new cohort. It has been lovely to recognise their faces as they walk through the door to start the new term.

New friendships were made, and an excellent week of fun was had by all! I would also like to thank our prefects who helped with the new cohort, the week would not have been the same without you!

Miss Martin







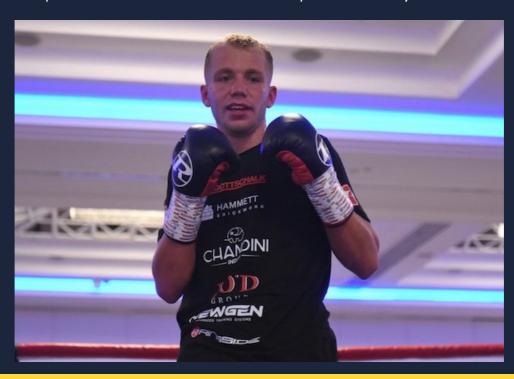






# Former Student Alfie Gaskin Defeats Opponent With Impressive Boxing Performance

Former Stewards Academy student Alfie Gaskin fought Jensen Irvin and won on a points decision at a black tie charity event at the Royal Lancaster Hotel in London. Alfie showed discipline and skill in order to outpoint Irvin by 39–37. Well done Alfie!



## **Open Evening 2023**









Stewards Academy was thrilled to welcome hundreds of prospective pupils and families for our annual Open Evening on Thursday 14th September. Staff and prefects were on hand throughout the evening to welcome our visitors and talk about why Stewards is an excellent choice for prospective pupils and parents.

Visitors had the opportunity to have a guided tour of the site with one of our Years 8-11 prefects or explore the departments at their own pace. They were also able to listen to talks from Helen Ginger, Headteacher and Mark Scholtes, Senior Deputy Headteacher, Stephen Drew, Deputy Headteacher, and Vic Goddard, PCLC. These speeches were followed by ten of our wonderful students: Head Girl Precious, Head Boy Dariusz and Mason, Ciara, Abdul, Sofia, Sara, Zach, Denzel-Howard, Cordelia from Year 7. If you were unable to see the speeches, and would like to, these are available on the Your Harlow YouTube channel.

Mrs da Vighi

Mrs da Vighi, Enrichment Co-Ordinator and Open Evening organiser, said: "It was absolutely wonderful to host our first highly successful event of the year. It is a huge testament to the work we do at Stewards that over 200 pupils, including our Year 11 Student Leadership Team and a large number of our new Year 7 cohort, helped prefect in the evening. The pupils are an absolute credit to the academy and this has been recognised by the large number of visitors who spoke to members of staff at the end of their evening or have taken the time to email their thanks.

It was also great to speak with so many prospective pupils and their parents; a number of whom are former Stewards' pupils themselves. There was a lot of reminiscing as they stopped off to look at our special wall of alumni year group photos!

The evening also saw a large number of the Class of 2023 come to visit and share with us where they have moved onto following their recent exam results. It was lovely to see them all."

#### What Our Students Had To Say

'Open Evening was an amazing affair as per usual. So many happy faces walked through those doors. Hopefully we left a lasting impact.' – Ethan Jones, 11EKG, Deputy Head Boy

'Open evening was so much fun! It was really nice to engage with future pupils and it was great to work with the Prefect team to ensure that it was the best evening possible.' - Ruby Ball, 11EC, Deputy Head Girl

'Open Evening was such a great opportunity for future students to understand and enjoy the subjects they may take during their time at Stewards Academy. Every department put in effort to make the evening as enjoyable, interesting and interactive as possible.' – Hayden Lawless, 9KLD.

'Open Evening was great! I was so excited when I found out I was going to represent Stewards!' – Logan Spry, 8TEC

Micaela-Demetria Baltaretu, 9EO



## **Open Evening 2023**















As always, one of the highlights of the school year was the annual Stewards Academy Sports Day. Even though it didn't get to take place on it's original day, the weather was on our side for the re-arranged day. The day ended up being glorious weather, with temperatures extremely high throughout the entire day. This made the performances and dedication of the staff and pupils even more remarkable on the day. Each form group contested in a multitude of events throughout the day including football, tag rugby, netball, Danish longball, tug of war, and track events to earn as many points as they could for the title of Sports Day Champions. The day was an extremely competitive competition throughout with the leaders of the day regularly changing and becoming closer and closer in points as they day drew to a close. You'll be able to see how close it was in some of the year groups, with the overall winners of the day being Prowess.

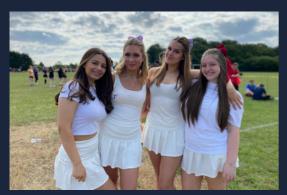
Thank you again to all those that helped contribute to the running and success of the day. As always, the day wouldn't be a success without the positive contributions and teamwork on show at Stewards from all involved.

Miss Venables

#### **Year Group Results**

Form	Interform	Sports Day / Tutor Events	Total	Position	
JM	84	36	120	7	
JW	38	42	80	8	
AK	56	75	131	5	
TEC	132	59	191	1	
ARM	84	46	130	6	
DSR	83	68	151	4	
CN	106	77	183	2	
SPL	97	56	153	3	
КН	58	54	112	7	
π	161	55	216	2	
EO	111	56	167	4	
SRM	100	68	168	3	
KLD	109	47	156	5	
KS	140	82	222	1	
CH	101	52	153	6	
ID .	66	39	105	8	
JP	259	20	279	1	
KJ	112	68	180	8	
PH	181	36	217	7	
SD	185	55	240	6	
ASD	231	37	268	2	
SJG	163	91	254	5	
CV	120	54	174	1	
ROG	81	29	110	8	
MR	103	41	144	3	
EKG	72	64	136	4	
EC	99	58	157	2	
SPS	74	46	120	6	
TL	86	33	119	7	
ALC	63	69	132	5	

## **SPORTS DAY 2023**

















## **SPORTS DAY 2023**

Sports Day took place on 20th July 2023. All the students were very athletic in the event and most of us dressed up to represent our houses. It was a very long day full of running, tug of war and various sports. Everyone worked very hard and we were all very determined to bring our house to victory. The school was full of spirit and teamwork was very evident in each activity. However, in the end, only one house could win. Prowess came out as the winner and its members were all very joyous to find out and members of other houses congratulated them. It was a very jam-packed and fun day for the whole school. - Micaela-Demetria Baltaretu, 9EO















## Overall House Results

	YEAR 7	YEAR 8	YEAR 9	YEAR 10	TOTAL	POSITION
BRAVERY	200	328	459	284	1271	4
FORTITUDE	322	335	457	280	1394	2
PROWESS	281	378	522	277	1458	1
VALOUR	336	258	511	251	1356	3









# **STEM - What's Going On In Our Science Department?**

Year 8 have been learning Chemistry and about the reactivity of metals whilst Year 9 learned about Specialised Exchange System in living organisms and their adaptations by dissecting fish.

Year 9 have also been investigating certain biological processes such as Osmosis in plant tissues. Students have used potato tissues to measure the movement of water molecules across partially permeable membranes in plants by comparing percentage mass change of potato tissues in distilled water and different molarity of solutions.

Mrs Manivchuk















## Solutions 4 the Planet - MP Visit

On the 22nd of September, Harlow MP Robert Halfon visited Stewards Academy where he saw two presentations by Year 10 students. The presentations were part of the Solutions 4 The Planet 2023 competition that saw the pupils make it all the way to the national final which was hosted at the Houses of Parliament.

The MP for Harlow met all 9 pupils involved and took part in a question and answer session with both groups. It has been a year long journey and these pupils have been through all stages of the competition. They worked with mentors from Tarmac to create detailed business plans and presentations for their Big Idea to save the planet. Everyone was impressed (they made it to the local news) and this is proof that they not only made these top quality presentations but they were also able to engage with their local MP who is also a minister of state for education.



Well done to Abbie Dowers, Louise Bellamy, Danielle Asante, Daisy O'Dell, Nathan Mayo, Theo Narburgh–Boateng, Lyra Nash, Victoria Chochorowska and Paige Williams for their incredibly hard work and organisation. It is a brilliant achievement which will look great on their CV's.

We are recruiting our next planet saviors for this year's competition. If you are in year 7, 8 or 9 and interested in creating a new business idea which could save the planet, please see Miss Danculea for more information on how to apply for the Big Ideas Day.

Miss Danculea





#### **Dragon and Fantasy Appreciation Society**

Hello, my name is George Springthorpe, and I am chairperson and founder, of the Dragon and Fantasy Appreciation Society - Dragon Club for short. If you grew up playing fantasy role-playing games, reading fairy tales, or even watching films, chances are you have come across the creature known as a 'Dragon'. It has come to represent fantasy and mythology, and I believe that this club is a homage to the Dragon and all things it has come to represent. The first club meetings were presentations and debates in which we discussed Dragon Mythology (their existence); and took place during lunchtimes. But our focus is now also turned to the worlds of fighting fantasy board games and RPG'S, although, the debates and presentations are still a large part of our club. Our club is a place where people can meet others interested in mythology, fantasy, and of course dragons. We have now begun after school sessions where students can play fantasy board games. At our afterschool branch of the club, we enjoy playing board games such as 3D-Labyrinth, Dungeons and Dragons, Dungeon Quest, HeroQuest, Warhammer 40k/Age of Sigmar, and Dicey Goblins. We also play card games such as Top Trumps, Pokémon, and Yugioh. Our club introduces students to worlds filled with magic, fantasy, and mythology, along with a few orcs and goblins along the way. Our club is open to a vast range of students, from different years and backgrounds but we all love fantasy and Dragons. And in the words of famous fantasy writer and author of Lord of the Rings, JRR Tolkien, "It simply isn't an adventure worth telling if there aren't any dragons." Dragon Club runs every Wednesday and Friday lunchtime, in room 11, whilst its afterschool branch, runs every Tuesday from 3:15pm. If you are interested in attending, please see me or Mr. Springthorpe for more details.

## **UKMT Challenge**

The year 11 Senior UKMT Challenge took place on Tuesday 3rd October 2023. The students have taken part in the Junior and Intermediate UKMT Challenge and are now in their final stretch completing the Senior UKMT Challenge. They are competing against year 11's, year 12's and year 13's so this is a particularly significant and difficult challenge. We are so proud of you year 11, well done and good luck!



# P.E. Rugby Round-Up

Year 7

Year 8



The Year 7 Rugby team got off to a fantastic start in their first two games playing as a team in their first season together at Stewards. The Year 7's took the game to the Burnt Mill opposition in their first game right from the start with some great runs from Kevin A and also James S. James S showed great speed and went over early for our first try of the game against a determined Burnt Mill. It was only the team effort with Stewards superb tackling that won them the match. Great sportsmanship was shown by both teams after the game by shaking hands at the end of a very tough encounter.

The second game was against Passmores which was once again a very tight contest for the year 7 team with Stewards showing great resilience and making some try saving tackles to not concede any tries. Stewards eventually managed to break down the Passmores defence with James S again scoring a try in his 2nd match but it was his terrific tackling that earned him the man of the match award.

The Year 7 team now go into their next set of matches still having not conceded any tries and are working hard in their rugby lessons as well as the rugby training after-school on Thursdays. We wish them good luck in their next games.

The Year 8 Rugby team were missing a couple of key players for their first set of games to kick-off their defence of the Harlow cup which they won in stunning style last year as year 7's. They played St. Marks in their first game who they beat in last year's final so it was always going to be a tough game for them. Stewards were relying a lot on Tyler J to break the St. Marks defensive line and although Stewards did manage to break the gain line on a number of occasions it was St. Marks who scored the opening try. Stewards showed great resilience to get back into the game and scored a try of their own thanks to some good rucking over the ball and then powering over the top to score a try in the corner.

However the St. Marks team then managed to score a couple of quick tries due to some uncharacteristic lax tackling from Stewards which saw St. Marks run out as eventual winners in the opening game.

After a poor start to their first game and a tough team talk by Mr Rayney, Stewards were really impressive in their next game against Saint Nicholas. The Stewards team dominated with the ball and managed to score a couple of quick tries thanks to some great running and passing with the ball. After a short while, Stewards ran in their third and last try of the game. Saint Nicholas did manage to pull one try back right at the end of the game but this was only a consolation try.

The Year 8's will now play their next set of games and we look forward to them producing the same style as last year.

#### The Great Stewards Bake Off!

On Monday 25th of September, the MFL department hosted their yearly charity bake off to celebrate the European Day of Languages. It was an impressive turn out with so many budding bakers trying to secure first place! We are pleased to announce our top 3: Albert 7VMS, Oscar 8ET and Zayne 7VE.

A special MFL mention goes to Alisha and Isla in 11CV.

All together, over £150 was raised for the Moroccan Earthquake Appeal, many thanks to all those who participated, either by baking or by buying cakes at break time.







Ms Danler-Baumgartner

Got a degree you're not really using? Looking for a challenging new career? Time to think about becoming a teacher...



Find out how you can gain qualified teacher status (QTS), and an optional post-graduate certificate in education (PGCE) through the Essex Schools ITT initial teacher-training programme.

Join the next Essex Schools ITT online information e Thursday 19<sup>th</sup> October, from 7.30pm

Scan the QR code to view our events and register for latest one via Eventbrite, or visit our website:



Our school is part of the Essex Schools ITT programme, which allows you to train with us or in a partnership school, local to you. You'll work as a member of the school team and learn your skills from experienced professionals, supplemented by high quality online learning sessions.

Get tailored, one-to-one advice today:

Essex Schools ITT in partnership with

Call: 020 8498 6718

Email: teach@essexschoolsitt.com Visit: https://www.essexschoolsitt.com





# Your School Nursing Service

Someone you know and can trust...

Your School Nursing Service can work both in and out of School to help provide or find you support about:

Ke Ke

Keeping Healthy

Immunisations

**Emotional Health** 

Weight Management
Sexual Health

**Drugs and Alcohol** 

Smoking

We can also help make sure that young people with disabilities, long term illness, or other needs can receive extra support when they need it. If we can't provide the help ourselves, we will connect you with someone who can.

#### When and Where can I Access my School Nursing Service?

The school nurse drop-in sessions for students will be every other Monday (next session will be Monday 9th) at lunchtime and afternoon break in the meeting room opposite the conference room.

#### Confidential

We provide a confidential service. This means that you can discuss personal information in confidence. We will not discuss your personal information with myone else without your permission. This includes parents and leachers. We would only pass on your information in order to patted you or someone else from serious harm. Whenever possible we would discuss this with you first.

#### Qualified

School Nurses or Specialist Community Public Health Nurses are qualified nurses or midwives with specific graduate level education, and work with a team to support you.

Non Judgemental

le are here to help, not to judge

#### Safeguarding, Mental Health & Wellbeing update

What a positive start to the new academic year!

I wanted to just emphasise two points which I'd like to remain a focus for us all; safety and kindness. It is imperative that you keep yourselves safe. Whether it's on your journey to and from school, when you're out and about with friends, on your mobile phone or online gaming - be vigilant. Do not be complacent even if you walk the same route every day, be mindful of your surroundings, who else is around and what is going on around you. If you listen to music while you're out and about, make sure it's not too loud and only have it playing in one ear.

Don't get caught up in the behaviour of others, even your friends, if you know it is not appropriate. Only you are responsible for your behaviour, and you always have a choice. It is also important to remember that if antisocial, illegal or unacceptable behaviour is occurring and you are there, you are guilty by association. Remove yourself from the situation and encourage others to do the same and, if necessary, report it.

Remember that when you are communicating with people via a chat platform online, gaming or on your mobile phone, you are not anonymous! Even if your username / profile picture bears no resemblance to your name or appearance, everything you do is traceable. Please bear this is in mind when sending messages or participating in group chats. Be conscious of the subject matter and of the language you choose to use. Every message you send can be screenshot and shared and kept indefinitely. If you don't want that, don't send it Be kind - to yourself and others.

We should all work together to drive out unkind and bullying behaviour, it has no place in our community here at Stewards.

Kind Regards

#### The Safeguarding Team

https://www.childline.org.uk/infoadvice/bullying-abuse-safety/onlinemobile-safety/report-remove/



Nude image of you online? We can help take it down.

https://www.mindinwestessex.org.uk



# WARDS SAFEGUARDING TEAM



**Deputy Safeguarding** 

Lead

#### Safeguarding Lead



Mrs Atkinson The V Safeguarding Office

### safeguarding@stewardsacademy.org

If you have any worries about your safety or wellbeing, speak to a member of the Safeguarding team, or any adult in the School

Safeguarding Officers: PSM Office



Mrs Morley



Miss Dangerfield



Mrs Ali



**Mrs Coulson** 



**Mrs Coates** 



**Mrs Hardiman** 



Mr Myatt

Admin Office

Mr Hughes

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