# STEWARDS ACADEMY 2023/2024 MENU

### FREE BREAKFAST

### **CLUB**

1 BAGEL - BUTTER / JAM
1 PIECE OF FRUIT – BANANA, APPLE,
SATSUMA
BOWL OF RICE KRISPIES
DRINK - SQUASH / WATER

## **HOT FOOD**

#### **JACKETS**

PLAIN JACKET JACKET & BEANS JACKET & CHEESE

JACKET CHEESE & BEANS



f1.95

#### **PANINIS**

BBQ SOUTHERN FRIED CHICKEN
WRAP (NON HALAL) £2.00
CHEESE & PIZZA SAUCE PANINI £2.50
CHICKEN, BACON & CHEESE

BBQ CHICKEN
PEPPERONI PIZZA
HAM & CHEESE

#### **MAIN MEALS**

MEAT / FISH MAIN MEAL £1.95 VEGETARIAN MAIN MEAL £1.95 HOT PASTA £1.00

#### **SIDES**

CHIPS/WEDGES GARLIC BREAD



# VEGAN OPTIONS AVAILABLE ON REQUEST

VEGAN SAUSAGE ROLL £1.25 VEGAN NUGGETS (5) £1.25

# GLUTEN FREE AVAILABLE WITH PRE-ORDER ONLY

PASTA (TOMATO, MAC CHEESE)
PIZZA BREAD (OTHER OPTIONS
AVAILABLE DEPENDING ON
AVAILABILITY)

## **DRINKS**

(AVAILABLE AT THE PAID BREAKFAST CLUB BREAKS AND LUNCH)

## FLAVOURED WATER

#### 95p

(LEMON & LIME, STRAWBERRY, APPLE & RASPBERRY, FOREST FRUIT, WATERMELON)
500ML



PLAIN WATER 80p

#### **CARTON OF JUICE 70p**



(APPLE, TROPICAL, ORANGE) 250ML

#### **MEAL DEALS**

BASIC SANDWICH/MAIN MEAL WITH A HM COOKIE/FRUIT/CARTON/PLAIN WATER £2.50

£1.00 PASTA POT WITH HM CAKE/COOKIE AND ANY DRINK £2.50

WRAP/ PANINI WITH PLAIN WATER OR HM COOKIE/CAKE OR FRUIT £2.50

All Items Subject to Availability

## PAID BREAKFAST CLUB

FRUIT POTS 90p
(WATERMELON/PINEAPPLE/GRAPES)
GRANOLA AND YOGHURT POTS 90p
(LEMON, MANGO, STRAWBERRY)
HOME MADE FLAPJACKS 80p
HOME MADE OAT COOKIE 80p
PACKET BISCUITS 60p
2 HASH BROWNS 85p
CROSSAINTS/PAN AU CHOCOLATE £1.00

### **CHILLED**

#### **FOOD**

#### COLD PASTA POTS

TOMATO PASTA POT £1.00
SWEETCORN PASTA POT £1.00
TUNA MAYO PASTA POT £1.25
SALAD POTS From £1.50
NOODLE/COUS COUS POTS £1.95
SANDWICHES £1.95

**WRAPS** 

HOME MADE £2.00 (FILLINGS – SWEET CHILI CHICKEN (HALAL) SOUTHERN FRIED CHICKEN MAYO, SOUTHERN FRIED CHICKEN SWEET CHILI, VEGAN MAYO OR VEGAN CHILI NUGGETS)

### **SNACKS**

HOME MADE BAKES
POPCORN
FLAPJACKS
MEGA MUFFINS
SMALL FRUIT

80p
90p
£1.00
£1.00

(APPLE, SATSUMA OR BANANA)

