

# STEWARDS ACADEMY 2022/2023



## FREE BREAKFAST CLUB

- 1 BAGEL - BUTTER / JAM
- 1 PIECE OF FRUIT – BANANA, APPLE, SATSUMA
- BOWL OF RICE KRISPIES
- DRINK - SQUASH / WATER

## HOT FOOD

### JACKETS

- PLAIN JACKET
- JACKET & BEANS
- JACKET & CHEESE
- JACKET CHEESE & BEANS



£1.85

### PANINIS

- CHEESE & PIZZA SAUCE PANINI £2.75
- BBQ SOUTHERN FRIED CHICKEN
- WRAP £3.00
- CHICKEN, BACON & CHEESE £3.00
- BBQ CHICKEN
- CHICKEN FAJITA
- PEPPERONI PIZZA
- HAM & CHEESE



### MAIN MEALS

- MEAT / FISH MAIN MEAL £1.85
- VEGETARIAN MAIN MEAL £1.85
- HOT PASTA £1.00

### SIDES

- CHIPS/WEDGES 85p
- GARLIC BREAD 70p



### VEGAN OPTIONS AVAILABLE ON REQUEST

- VEGAN SAUSAGE ROLL £1.00
- VEGAN NUGGETS (5) £1.00
- VEGAN MAC CHEESE 90p

## MENU

### DRINKS

(AVAILABLE AT THE PAID BREAKFAST CLUB BREAKS AND LUNCH)

**HYDRA BLAST 95p**

- (APPLE & MANGO, RASPBERRY & BLUEBERRY, FRUIT PUNCH, STRAWBERRY & SOUR CHERRY)
- 330ML

### FLAVOURED WATER

95p

- (LEMON & LIME, STRAWBERRY, APPLE & RASPBERRY, FOREST FRUIT, WATERMELON)
- 500ML



**PLAIN WATER 75p**

500ML

**CARTON OF JUICE 65p**

- (APPLE, TROPICAL, ORANGE, FOREST FRUIT)
- 250ML



### MEAL DEALS

BASIC SANDWICH RANGE/HOT MEAL & DRINK **£2.25**

PASTA POT WITH HM CAKE/COOKIE WITH PLAIN WATER OR CARTON **£2.25**

COLD WRAP WITH PLAIN WATER OR HM COOKIE/CAKE OR FRUIT **£3.00**



## PAID BREAKFAST CLUB

- FRUIT POTS 90p (WATERMELON/PINEAPPLE/GRAPES)
- GRANOLA AND YOGHURT POTS 90p (LEMON, MANGO, STRAWBERRY)
- HOME MADE FLAPJACKS 75p (PLAIN, COCONUT, CHOC CHIP)
- HOME MADE MUFFINS 75p (LEMON, BANANA & OAT, FRUIT & YOGHURT, BANANA)
- HOME MADE OAT COOKIE 75p
- PACKET BISCUITS 40p-60p
- 2 CRUMPETS & BUTTER 70p
- 2 HASH BROWNS 70p
- CROSSAINTS/PAN AU CHOCOLATE 95p

## CHILLED FOOD

### COLD PASTA POTS

- TOMATO PASTA POT £1.00
- SWEETCORN PASTA POT £1.00
- TUNA MAYO PASTA POT £1.25

### SALAD POTS

From £1.50

### NOODLE/COUS COUS POTS

£1.85

### SANDWICHES

BOUGHT IN From £1.85

### WRAPS

- BOUGHT IN WRAPS £2.75 (FILLINGS – CHEESE, HAM, TUNA, CHICKEN MAYO, SOUTHERN FRIED CHICKEN, SAUSAGES, BACON, VEGAN NUGGETS)

## SNACKS

- HOME MADE BAKES 75p
- HOME MADE COOKIES 75p
- POPCORN £1.00
- GLUTEN FREE BISCUITS 60p
- MEGA MUFFINS £1.00
- SMALL FRUIT 55p (APPLE, SATSUMA OR BANANA)



All Items Subject to Availability