Year 10

Unit 2.1.c - Ethical and Socio-Cultural Issues in Physical Activity and Sport

Summer 2 Blended Learning Booklet



Name:

Aim to complete two lessons each week.

All video links and content are also uploaded on ClassCharts The knowledge organisers have all the key information and vocabulary to help with this unit.

Upload all work onto ClassCharts for feedback

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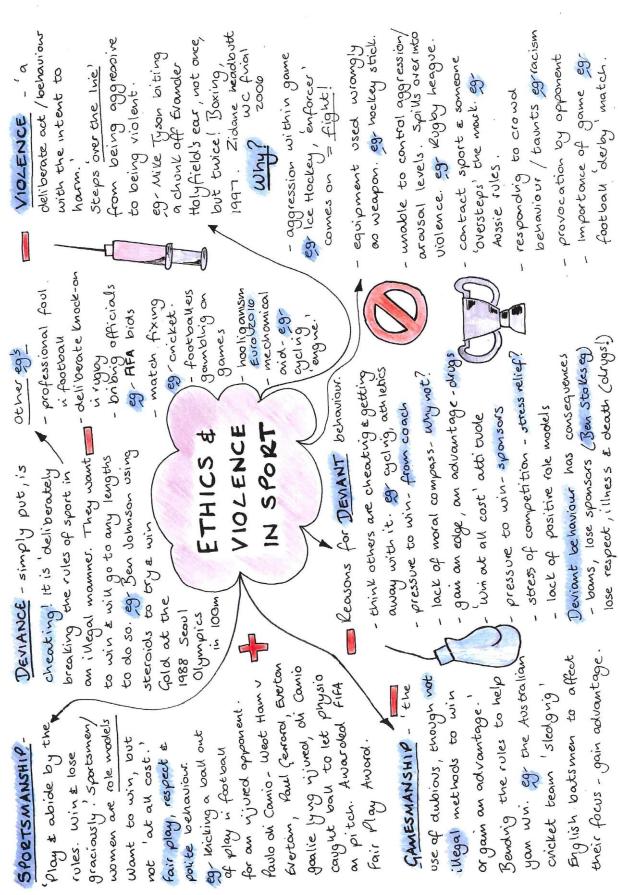
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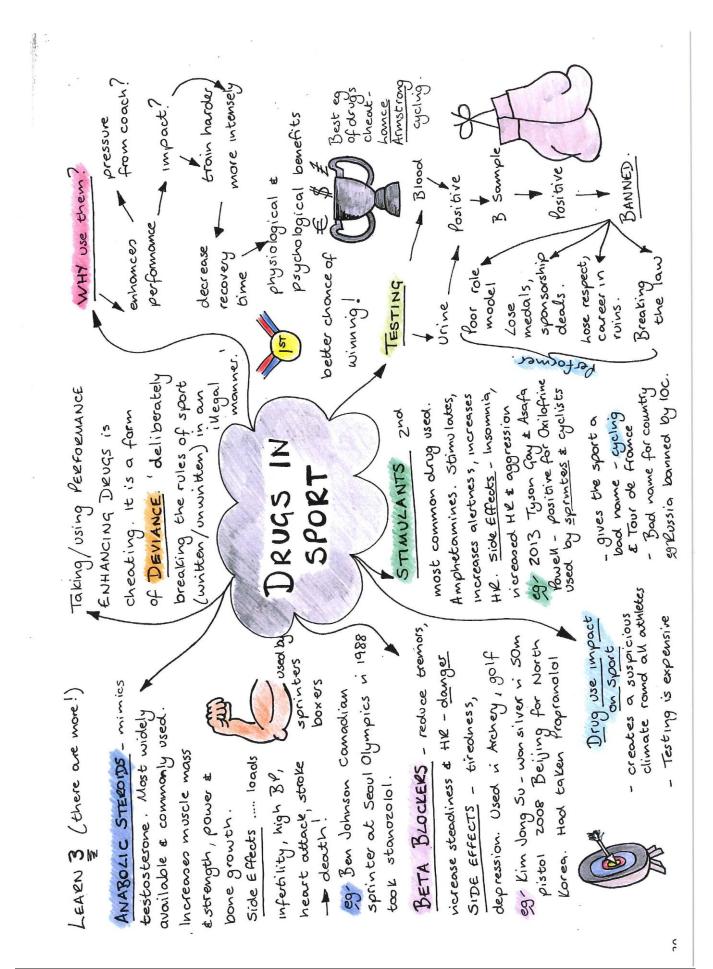
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Big Picture

Unit 2.1.c - Ethical and Socio-Cultural Issues in Physical Activity and Sport





Lesson 1: Sportsmanship

LI: To know and understand the value of sportsmanship.

LO: I can understand the value of sportsmanship.

Seneca: 3.3 Ethical and Socio-cultural issues

GCSE Bitesize: https://www.bbc.co.uk/bitesize/guides/zq9r82p/revision/1

Teacher Powerpoint: Uploaded on to Classcharts

Sportsmanship

Sportsmanship is			

Sportsmanship is about how the participant behaves. It involves showing respect for others and being gracious in victory or defeat, this can also be known as good *etiquette*.

Sportsmanship is important as it is not only a practice of respect in sports but can carry over to other aspects of life. It is important that professionals show good sportsmanship as young athletes see them as role models and repeat their behaviour.

Examples of Sportsmanship:



Sportsmanship in Football: Sportsmanship in Rugby: Sportsmanship in Tennis: Sportsmanship in Cricket: Sportsmanship in Boxing: Sportsmanship in Golf:

Poor Sportsmanship

However, despite these expectations of good sportsmanship these are not always followed by everyone.

Task: Consider the scenarios below and answer why you think they behaved the way they did.



Question: Why has there been a decline in sportsmanship?

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Ethical and Socio-Cultural Issues in Physical Activity and Sport - Video Links

Use these clips to help fill	in the boxes in your following lessons
Description:	Link:
STARTER: Sportsmanship and	https://www.youtube.com/watch?v=xOZ8VZi6mQs
gamesmanship	
SPORTSMANSHIP: Jack Sock vs Lewton	https://www.youtube.com/watch?v=A085f7AiL k
Hewitt.	,
SPORTSMANSHIP: Indianapolis baseball	https://www.youtube.com/watch?v=IFwzGJxJfY0
sportsmanship	
SPORTSMANSHIP (FOOTBALL): Top 10	https://www.youtube.com/watch?v=8ohw7lOm9Sw
fair play moments from the Bundesliga.	, , , , , , , , , , , , , , , , , , , ,
SPORTSMANSHIP (RUGBY): Tana Umaga	https://www.youtube.com/watch?v=WWi9f4wVkrI
helps out an opposition player	
SPORTSMANSHIP (RUGBY): Tana Umaga	https://www.youtube.com/watch?v=sQvONXg 3hE
puts a player in a recovery position	
SPORTSMANSHIP (TENNIS): Roger	https://www.youtube.com/watch?v=aHCXOfCfXps
Federer encourages opposition player to	, , , , , , , , , , , , , , , , , , , ,
challenge	
SPORTSMANSHIP (CRICKET): Adam	https://www.youtube.com/watch?v=jXYbWIi8u7E
Gilchrist walking despite being given Not	
out.	
SPORTSMANSHIP (BOXING): Tyson helps	https://www.youtube.com/watch?v=wSa_ga2Qxok
up an opponent after KO.	
SPORTSMANSHIP (GOLF): Brian Davis	https://www.youtube.com/watch?v=-ZUs- Vakp0
showing integrity	
POOR SPORTSMANSHIP: Unsporting	https://www.youtube.com/watch?v=yw72xqtXRig
behaviour	
POOR SPORTSMANSHIP (FOOTBALL):	https://www.youtube.com/watch?v=4Qub9pLfwfs
Suarez handball against Ghana	
POOR SPORTSMANSHIP (BOXING):	https://www.youtube.com/watch?v=iMW4jzC3QYs
Bellew celebration after KO	
POOR SPORTSMANSHIP (FOOTBALL):	https://www.youtube.com/watch?v=kh6Uy-95U0g
Gerrard red card for stamp	
DEVIANCE IN SPORT: Examples	https://www.youtube.com/watch?v=3-DIWSNymmY
·	
DEVIANCE: Badminton players trying to	https://www.youtube.com/watch?v=aBIIGFBLPB0
lose a match	
DEVIANCE: Margarito hand-wrap	https://www.youtube.com/watch?v=8GIYAhlwuOY
controversy	
DEVIANCE: Cheap shots in boxing	https://www.youtube.com/watch?v=3ugWkEGNuVM
PERFORMANCE ENHANCING DRUGS:	https://www.youtube.com/watch?v=K0DIY-UDwXA
CNN explains	
TIMER MUSIC: Luciano Pavarotti - Nessun Dorma	https://www.youtube.com/watch?v=raJkCwQB2CY
	https://www.youtube.com/watch?v=cMdrlztPDIc
CASE STUDY: Dwain Chambers on why he	https://www.youtube.com/watch?v=sMdrlztBPJs
took performing enhancing drugs EFFECTS OF PERFORMANCING	https://www.youtube.com/watch?v=VDODNzIIO_LO
	https://www.youtube.com/watch?v=KR0BNrH0_kQ
ENHANCING DRUGS: Greg Rutherford	
talks about implications	

VIOLENCE IN SPORT: Examples	https://www.youtube.com/watch?v=viFaahRLblo&has_verified=1
VIOLENCE IN SPORT: Cantona kung-fu	https://www.youtube.com/watch?v=wo2aUfwPQvs&
kicks a fan	has_verified=1
VIOLENCE IN SPORT: Pedro Martinez	https://www.youtube.com/watch?v=ZDA85mcVSxU
baseball hit	
VIOLENCE IN SPORT: Suarez bites	https://www.youtube.com/watch?v=DMxRdMLKE5A
Ivanovic	
VIOLENCE IN SPORT: Nalbandian kicked	https://www.youtube.com/watch?v=oPDyLiVIEdU
hoarding and injured line judge	
VIOLENCE IN SPORT: Angel Matos kicking	https://www.youtube.com/watch?v=CecGsG_4yoc
referee in the face	
REVISION: video of topic	https://www.youtube.com/watch?v=1cnALQsBnJc

Lesson 2: Gamesmanship and Deviance in Sport

LI: To know and understand the reasons for gamesmanship and deviance in sport.

LO: I can understand the reasons for gamesmanship and deviance in sport.

LI: To be able to apply practical examples for sportsmanship, gamesmanship and deviance.

LO: I can apply practical examples for sportsmanship, gamesmanship and deviance.

Seneca: 3.3 Ethical and Socio-cultural issues, 3.3.1 Ethics in Sport

GCSE Bitesize: https://www.bbc.co.uk/bitesize/guides/zq9r82p/revision/2

Teacher Powerpoint: Uploaded on to Classcharts

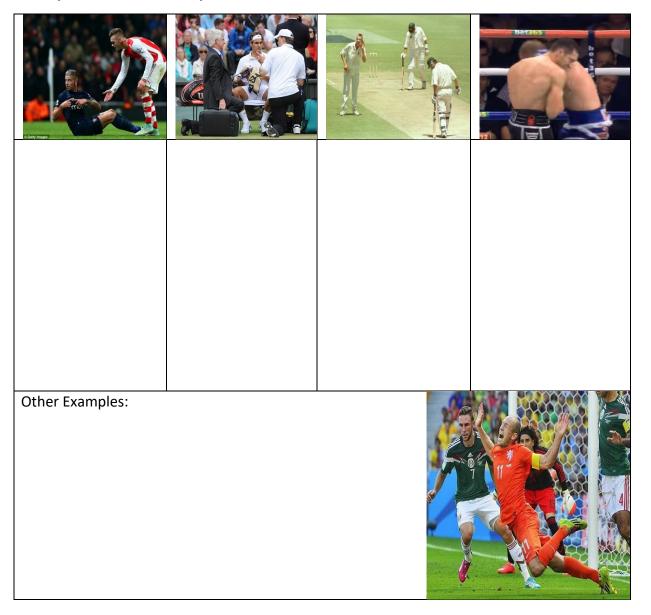
Gamesmanship

Gamesmanship is		

In many sports competitors are seen to 'bend the rules' or to put aside sportsmanship and use gamesmanship to seek an unfair advantage.

There are sportspeople who may cheat in a subtle way that is difficult to control by the rules.

Examples of Gamesmanship:



Sportsmanship or Gamesmanship?

Task: Look at the statements in the table below. Discuss with your partner whether you think they are examples of sportsmanship or gamesmanship. Tick the appropriate box.

Sportsmanship	Action	Gamesmanship
	Shaking hands before and after a game.	
	Pretending to be injured to waste some time at the	
	end of the game.	
	Accepting the official's decision without arguing.	
	Accepting defeat graciously.	
	Taking longer than usual to take leave the pitch	
	when being substituted at the end of the game.	
	Insulting an opponent just as they are about to bat in cricket.	
	Apologising to an opponent after the shuttle hits the	
	net and drops over in badminton.	
	Taking an injury break in tennis why you are not	
	actually injured.	
	Appealing for a corner or throw in when you know it	
	came off you last.	
	Coughing when someone is taking a shot in golf.	
	Kicking the ball a long distance out of play so that it	
	takes longer to retrieve to waste some time.	
	Letting faster players through in golf if you are	
	slowing them down.	
	Helping an opponent to their feet after challenging	
	for the ball in the air.	
	Blocking opponents so they cannot pass in a 5000m	
	race.	
	Congratulating an opponent after beating you in a	
	netball final.	



The Effects of Sportsmanship and Gamesmanship

The Effects of Sportsmanship	The Effects of Gamesmanship





Deviance

Deviance is...

This is when a player, spectator or anyone involved in sport behaves in a way that intentionally breaks the rules or goes against the ethics (sportsmanship) of the sport.

Deviance is deliberate and can be dangerous; examples include cheating, violence and drug abuse.



Deviance in Sport

Examples of Deviance:



Reasons for Deviance in Sport:

- •
- •
- •
- •

Lesson 3: Performance Enhancing Drugs

LI: To know and understand why sports performers use drugs.

LO: I can understand why sports performers use drugs.

LI: To know the types of drugs and their effect on performance; anabolic steroids, beta blockers, stimulants.

LO: I can identify and describe the types of drugs and their effect on performance; anabolic steroids, beta blockers, stimulants.

Seneca: 3.3.3 Drugs in Sport

GCSE Bitesize: https://www.bbc.co.uk/bitesize/guides/zq9r82p/revision/3

Teacher Powerpoint: Uploaded on to Classcharts

Performance Enhancing Drugs

Task: Discuss the reasons why an athlete may take performance enhancing drugs and add them to the mind map below.

Reasons for taking
Performance Enhancing
Drugs

Types of Performance Enhancing Drugs

Anabolic Steroids			
Description:			
Effects on performance:	Side effects:		
Sporting Example 1:			
Sporting Example 2:			
Sporting Example 3:			



Beta Blockers			
Description:			
Effects on performance:	Side effects:		
Sporting Example 1:			
Sporting Example 2:			
Sporting Example 3:			



Stime	ulants
Description:	
Effects on performance:	Side effects:
Sporting Example 1:	
Sporting Example 2:	
Sporting Example 3:	



DART: Performance Enhancing Drugs Case Studies

Task: Read the case studies below and decide which performance enhancing drug you think they taken. Answer why you think they took this drug and how it benefitted performance.



In 2003 British sprinter Dwain Chambers tested positive for a performance enhancing drug. This led to a 2 year ban from athletics.

Which drug do you think he used?

What effect would this drug have had on performance?

Which drug do you think he used?

What effect would this drug have had on performance?



In 2008 North Korean sport shooter Kim Jongsu tested positive for a performance enhancing drug. He had to give the silver and bronze medal he had won at the 2008 Olympics back.



In 2013 Jamaican sprinter Asafa Powell tested positive for a performance enhancing drug. He was banned for 18 months but this ban was lifted after a successful appeal.

Which drug do you think he used?

What effect would this drug have had on performance?

Lesson 4: The Impact of Drugs on Sport

LI: To be able to apply practical examples of the use of drugs in sport.

LO: I can apply practical examples of the use of drugs in sport.

LI: To know and understand the impact of drug use in sport; on performers and on sport itself.

LO: I can understand the impact of drug use in sport; on performers and on sport itself.

Seneca: 3.3.4 The Pros and Cons of Drugs in Sport

GCSE Bitesize: https://www.bbc.co.uk/bitesize/guides/zq9r82p/revision/3

Teacher Powerpoint: Uploaded on to Classcharts

The Effects of Performance Enhancing Drug on the Athlete and Sport

For a performer who takes performance enhancing drugs there are both advantages and disadvantages.

Advantages	Disadvantages









The governing bodies of sports work hard to eliminate the problem of drug taking in their sports.

If there is a drug problem in sport it can cause:

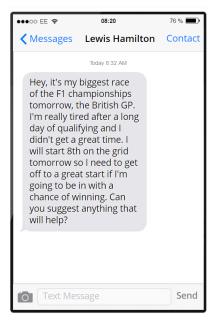
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DART: Performance Enhancing Drugs Athlete Scenarios







Task: Answer the scenarios above. Discuss what performance enhancing drug would benefit them and how it would do so. Make sure you let them know of the side effects and you might tell them what may happen if they choose to take it.

Lewis Hamilton (Motor Racing)
Phil Taylor (Darts)
Katarina Johnson-Thompson (Athletics - Heptathlon)

Lesson 5: Violence in Sport

LI: To know and understand the reasons for player violence.

LO: I can understand the reasons for player violence.

LI: To be able to apply practical examples of violence in sport.

LO: I can apply practical examples of violence in sport.

Seneca: 3.3 Ethical and Socio-cultural issues

GCSE Bitesize: https://www.bbc.co.uk/bitesize/guides/zq9r82p/revision/1

Teacher Powerpoint: Uploaded on to Classcharts

Violence in Sport

Controlled aggression is a fundamental part of many sports.

Sometimes, however, this can spill over into an uncontrolled situation where serious physical injury can be caused.

Violence is...

Reasons for Violence in Sport:









Reasons for Violence in Sport









Violence in Sport Case Studies

Task: After watching the videos of the incidents answer why you think the sportsperson might have been violent from the reasons on the previous page.



Lesson 6: 6 Mark Question

LI: To understand how to answer and structure a 6 mark question.

LO: I can plan and structure a 6 mark question.

Seneca: 3.3 Ethical and Socio-cultural issues

GCSE Bitesize: https://www.bbc.co.uk/bitesize/guides/zq9r82p/revision/1

Teacher Powerpoint: Uploaded on to Classcharts

Violence may sometimes occur in elite sport, both on and off the pitch. Explain, using examples, the reasons why an elite performer may be violent during their sport. (6)

What is the question asking?

What are the reasons why an athlete may become violent/want to cause harm to someone. For example punch/kick another person.

Introduction Answer the question briefly. Talk about violence in sport and when aggression may be appropriate. Say briefly what you are going to say in the rest of your answer including the three reasons why someone may become violent in sport.

Paragraph 1

Name a reason why a player may become violent, explain when this may happen in sport, what would happen as a result of this/how could it be prevented.		

Paragraph 2		
Name a reason why a player may become violent, explain when this may happen in sport, what would happen as a result of this/how could it be prevented.		
Paragraph 3		
Name a reason why a player may become violent, explain when this may happen in sport, what would happen as a result of this/how could it be prevented.		

	Unit 2.1.c - Ethical and Socio-Cultural Issues in Physical Activity and
	Conclusion
What are the main	factors that cause a player to become violent in sport?
Harrisanilal hatiri	Which are the most common?
	violent affect the player? What are the consequences? at the question and summarise your answer.
LOOK DUCK	tat the question and summanise your answer.

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Feedback:		
recuback.		

Lesson 7: Exam Revision

LI: To understand the different revision techniques.

LI: To identify the areas of weakness

Seneca: 3.3 Ethical and Socio-cultural issues

GCSE Bitesize: https://www.bbc.co.uk/bitesize/guides/zq9r82p/revision/1

Teacher Powerpoint: Uploaded on to Classcharts

Lesson 8: End of Topic Test

LI: To be able to complete the end of topic test to the best of my ability in exam conditions.

Topic Test will be uploaded on to Classcharts

Lesson 9: Feedback Analysis

LI: To understand personal areas of strength and weakness

Mark scheme and all feedback will be uploaded on to Classcharts

Theory Attainment Band:	Physical factors affecting performance			
	Skills	Knowledge and Understanding		
6	 Flawlessly factual and perceptive responses that relate accurately to the focus of the question Demonstrate excellent understanding, providing clear and detailed descriptions and explanations Communication in writing is highly effective using appropriate and coherent terminology Spelling, punctuation and grammar is precise 	 Know and understand: The value of sportsmanship The reasons for gamesmanship and deviance in sport. Be able to apply practical examples to these concepts Know and understand the reasons why sports performers use drugs Know the types of drugs and their effects on performance: Anabolic Steroids Beta Blockers Stimulants Give practical examples of the use of these drugs in sport Know and understand the impact of drug 		
∞	 Consistently factual and sustained responses that relate to the focus of the question Demonstrate excellent understanding, providing well-defined explanations and descriptions Communication in writing is highly effective using appropriate and coherent terminology Spelling, punctuation and grammar is precise 			
7	 Offer factually and sustained responses that relate to the focus of the question Successfully and confidently address all aspects of the question Demonstrate high levels of understanding, providing clear and detailed descriptions and explanations Communication in writing is highly effective using appropriate and coherent terminology Spelling, punctuation and grammar is accurate 			
9	 Confidently offer factually accurate and sustained responses that closely relate to the focus of the question Demonstrate excellent understanding and provide clear and detailed descriptions and explanations Writing shows strong evidence of communicating ideas with high efficiency and use of appropriate terminology On the whole, spelling, punctuation and grammar is accurate 	use in sport: On performers On sport itself Know and understand the reasons for player violence.		
ις	 Responses are consistently factually accurate that closely relate to the focus of the question Demonstrate good understanding and provide clear and detailed descriptions and explanations Writing shows evidence of communicating ideas with efficiency and use of appropriate terminology Spelling, punctuation and grammar is appropriate 	Give practical examples of violence in sport.		
4	 Responses are often factually accurate and show some relation to the focus of the question Demonstrate sound understanding and provide adequate descriptions and explanations Writing shows evidence of communicating ideas with limited efficiency and use of appropriate terminology Spelling, punctuation and grammar is often adequate 			
м	 Responses are often inaccurate and show little relation to the focus of the question Demonstrate basic understanding and provide limited descriptions and explanations Communication in writing is approaching an adequate level of coherence, using some appropriate terminology Spelling, punctuation and grammar is developing in consistency 			