



Attainment Band:	<u>Relationships</u>	
	Knowledge and Understanding	Skills
Yellow Plus	<ul style="list-style-type: none"> • Explain how companies can use our images though ‘implicit consent’ and how selfie culture affects our personal body image • Explain in detail how we can sensitively handle strong emotions and which tips are most useful for particular people. 	<ul style="list-style-type: none"> • Identifying thinking traps • Self-regulation • Clarifying own values • Valuing and respecting diversity • Identify links between values and beliefs, decisions and actions • Evaluating the arguments and opinions of others • Recognising and managing peer influence • Empathy and compassion • Respect for others • Managing influence • Building and maintaining healthy relationships • Making decisions • Identifying and accessing help and support • Developing and maintaining a healthy self-concept • Negotiation • Formulating questions • Analysis • Assessing the validity and reliability of information • Resilience • Managing peer influence • Identify links between values and beliefs, decisions and actions
Yellow	<ul style="list-style-type: none"> • Analyse different scenarios and offer advice to parents and children • Explain what we can achieve in relationships when we show respect towards each other. 	
Blue	<ul style="list-style-type: none"> • Explain the difference between genuine friendship and toxic friendship • Explain why showing respect to others is important and how this can improve our learning environment as well as our personal relationship 	
Green	<ul style="list-style-type: none"> • Describe how family set-ups can differ • Describe the different things that make a ‘good’ parent • Describe the qualities that make a good friend • Describe how it can be difficult to always be a good friend • Describe different ways of showing respect to others, both verbally and non-verbally. • Describe the possible long and short-term consequences of sharing images of ourselves on the internet • Describe in detail how we can improve our self-awareness and sensitivity and how this can help us improve relationships. 	
White	<ul style="list-style-type: none"> • List the different types of families • Correctly identify ways we can develop genuine friendship • Identify new ways to show respect which you will try out yourself • Identify the potential problems our sharing images of ourselves on the internet • Identify ways we can work on our sensitivity and self-awareness and apply our learning to a case study. 	