



Stewards Academy

June 2020



Dear Students,

I hope you are all continuing to keep busy and keep your minds active as our partial closure continues. As we reached the final week of this half-term, a key focus for the pupils onsite was exploring mental health as part of Mental Health Awareness week. You will find some links and activities inside this newsletter that you can access at home too.



A team of staff, led by Mrs Sherwood, have prepared your learning packs for after half term. The work will be available on ClassCharts but each of you in Years 7-10 will also receive your work booklets and an exercise book in the post too. This will hopefully alleviate some of the pressures of working at home and get you away from your screens for a time; you should receive these in the post before the start of the new term.

Mrs Ramsey and I are currently working on ways for you to apply for a **position of responsibility** next half term, including School Council, Prefects, Peer Mentoring and Head Boy / Head Girl. Although it may seem strange to think about these things at this current time, we would like to ensure that we have a team in place ready for when the academy returns. Keep an eye on ClassCharts and Twitter @StewardsAcademy for more information after half term.

For our Year 11 Presentation Evening prize winners, your books have started arriving so we will be looking at getting these to you as soon as we can.

You will find in this edition some department news, a positive points update and a competition launch, as well as the mental health activities I mentioned.

I hope you enjoy the read!

Take care,

Mrs da Vighi—Assistant Headteacher: School Organisation and Enrichment

Dear Students,

We continue to miss having you all together with us in school. Please be assured that if you are not in school you are never far from our thoughts and we are always considering how we can support you at this challenging time.

I am sure that you will appreciate the time and effort that went into providing the home learning packs that are on the way to you. Mrs Sherwood and her team have been working tirelessly over the last half-term to have them ready. Do take this opportunity to find time every day to dedicate to your studies.; it is good to have something purposeful to do each day. Do remember to ask your parents to email some photos of your work, as your teachers are keen to receive them and will give you feedback, which will help you on your way.



I have been pleased to receive ideas and suggestions from the School Council regarding our new house system for next year. I was so excited to talk to you about this and our newly defined school values in an assembly, but this was not to be. Instead, I will begin to share some of these with you in the newsletters after half-term.

It has been a challenging time as a headteacher to ensure that everyone is safe and well , but this continues to be my priority at all times. The Stewards Family and the support and encouragement that we give each other is going to be increasingly important over the coming weeks and months.

Keep safe and well,
Mrs Ginger



Leading Space Education
Quality Mark





Mental Health Awareness Week



Mental Health Awareness Week took place on 18-24 May 2020, and this year's theme was kindness. The week aimed to raise awareness and to promote the message of good mental health for all.

There are a number of excellent resources available on various websites, Twitter and apps including:

Place2Be : www.place2be.org.uk @Place2Be

<https://www.place2be.org.uk/our-services/services-for-schools/mental-health-resources-for-schools/coronavirus-wellbeing-activity-ideas-for-schools/>

You can find lots of activities on the Place2Be website including information on the Kindness Cup toolkit and resources from previous Mental Health Weeks.

Place2Be also offer a text number that young people can text if they are struggling with their mental health for support and advice. This is a 24/7 confidential service. Text P2B 85258.



Kooth is a web based confidential support service available to young people. Kooth provides a safe and secure means of accessing mental health and wellbeing support designed specifically for young people.

Kooth offers young people the opportunity to have a text-based conversation with a qualified counsellor. Counsellors are available from 12noon to 10pm on weekdays and 6pm to 10pm at weekends, every day of the year on a drop-in basis. Young people can access regular booked online counselling sessions as needed. Outside counselling hours, young people can message the team and get support by the next day.

www.kooth.com

Apps that focus on mindfulness

1. Insight Timer
2. Calm
3. Headspace
4. Breathe, Think, Do with Sesame

Remember to get outside in to the fresh air, take some exercise, have a bedtime routine and talk to family and friends. All of these help your mental wellbeing.

Safeguarding Team



Competition



Exploring our feelings

In the same way as when we are feeling good about something, it is important that when we are feeling confused, anxious or worried about something we consider how we can explore our thoughts and feelings .

The Performing Arts department are launching a competition entitled '**Life During Lockdown**' with entries to be submitted by Friday 3rd July.

Entries can be any creative form you like including:

A dance, song or written performance– no longer than 1 minute

A monologue, poem, drawing, painting or sculpture

If you are not sure where to start, think of the first word that pops in to your head when the word 'lockdown' is mentioned.

The competition will be set on ClassCharts also to enable you to submit work directly. If you would prefer for it to be sent into school via admin@stewardsacademy.org please mark it FAO Ms Thurley.

Please include your name, tutor group and title of the piece.

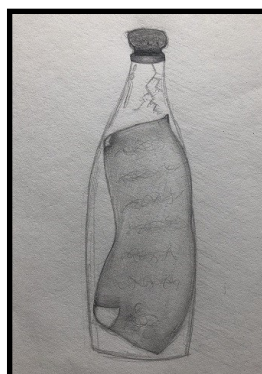
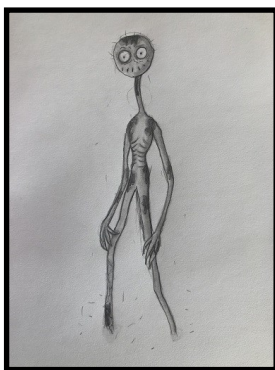
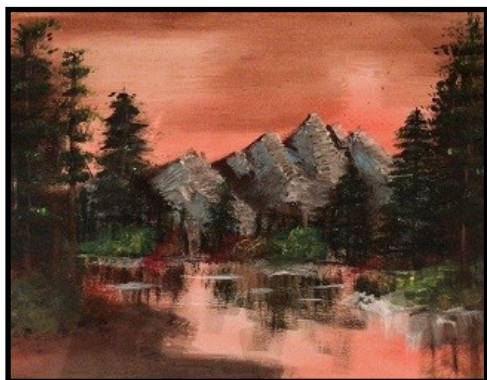
Miss Thurley, Head of Performing Arts

Art Department

Activities

Please follow the Stewards Art and Photography Department Twitter for daily Art/Photography challenges
[@MissHRMartin](https://twitter.com/MissHRMartin)

Here are some examples of work that has been submitted:



Trips

I was looking forward to going on the planned trips with you. Although we are unable to do them you can check out the websites and do a virtual tour.

For any Year 9 photography students who were looking forward to our Burghley trip take a look at the Burghley house website to see what to expect when we can visit again! <https://www.burghley.co.uk/>

Check out the virtual tour of the house and read up on the Sculpture garden and Garden of surprises!

For any Year 10 students who fancy a peek at Kew Gardens which would have been our next trip in June have a look at the virtual tour here: <https://www.kew.org/about-us/virtual-kew-wakehurst>

Ms Martin, Subject Leader for Art and Photography



Whole School Production



After auditioning over 100 students for our production of Hairspray, 60 talented performers were chosen to bring to life the story of a young girl desperate to appear on a TV programme and eradicate the segregation of communities in the 1960s.

Rehearsals took place three times a week, with focused time spent on learning songs, dances and the script. Students worked exceptionally hard and impressed the staff with their commitment and passion for the show. A fantastic Saturday rehearsal was held where we saw the dance routines come together and as a cast, we were excited about the following months.

Individual students were facing challenges head on and astounding us with the progress they were making. Seven Hassan, a self-proclaimed non-singer was belting out his musical numbers with confidence, Emily-Jane Smith impressed us with her talent in all three disciplines and her full commitment to rehearsals and Obehi Aigbehi overwhelming us with her big and bold vocals just to name a few.

A Friday night pizza 'party' with Year 11 crew, cast members and staff kickstarted the set painting and preparations, and with a couple of Saturday sessions the stage was starting to take shape.



On Monday 16th March we had our last rehearsal before we were asked to cancel the show. My team and I were full of pride and ready for our first band call on the Tuesday. The students were excited and running on adrenaline. It had not been an easy rehearsal process, but everyone had made exceptional progress and made new friendships that will last forever.

It was with great sadness that the show had to be cancelled but we pulled together as a team to comfort and support each other. I really hope there will be an opportunity to share the hard work in some form in the future but for now I would like to thank my staff for working incredibly hard over the course of six months and of course the students who inspire us every day with their resilience and desire to pursue their dreams of becoming performing artists in the future.

Keep safe.

Miss Thurley

Head of Performing Arts.



Creative writing

In addition to the classwork set this half term, the English department have been posting daily writing challenges on Twitter for those feeling particularly creative.

Here are some great examples of Year 7 work that have been submitted.

If you would like to get involved please check out **@EnglishStewards**

Mrs O'Grady, Subject Leader for English

Getting out of bed,
I feel like I'm dead
Not quite rotting
I'm sure it's all in my head
I try to move my feet - not to the rhythm of the beat
Just to see if they are there, where? all toasty in bed.... Feeling a little dead
I cracked open my eye, to look for the sky... all bright and blue...blue like my mood
Then I remembered I need some food
I willed myself to get out of bed
Even though I felt like I was dead
Then I jumped on my feet
And fell to the floor
And said they're lumps of numb meat
I grabbed hold of the door
I crawled along the hall way
And waited for my mum to say
Get out of bed
I went to the kitchen
She said you look like you're dead
And I said... BRAINS

Nathan O'Dell

You find a magical portal! Where does it bring you?

We were in quarantine. No one could go outside, meet their friends or go to school or work because of coronavirus. I decided to look through my wardrobe, that I hadn't opened for a long time. When I opened it there were no clothes, there was a gigantic hole that lead somewhere I have never been. I was very interested to go there, so I tiptoed as quietly as I could so my parents would not notice that I disappeared. As I climbed in to the wardrobe, I saw my bedroom and I was there, talking to my friend. Was this the past or the future? I was not allowed to see her, I hadn't seen her since March. I ran to the window excitedly and I saw people celebrating something. I saw a big poster on someone's balcony that said 'END OF CORONAVIRUS', this means that this was future. I found a calendar on the wall and the date on it was June 1st 2020 two weeks after the present date. I was excited and couldn't wait.



Mariia

Mariia

You Find a magical portal in your house! Where does it bring you?

I climbed into my attic searching for old photos I owned. My eyes came across a wooden panel covered with ghostly webs and dust. It seemed ancient as if it had been there for generations. Bursting with curiosity I stretched my hand to touch it then looked up, intimidated by the towering sight of this panel. I paused. I tried to consider my actions, but my brain whizzed with ideas wondering what lay on the other side. I opened it. Realising the impulsive decision, I took a step back. A shining light appeared; almost blinding my eyes as it dragged me, attaching me like a magnet pulling me downwards with immense force. I screamed in awe. The power slowed as I felt myself land, I closed my eyes and heard a quick thump as I hit the ground. Looking around I was surrounded by gigantic trees and an area filled with sticks and stones that covered my feet. Birds of all kinds flew between the trees. Their high-pitched chirps and squawks rang in my ear. Was I in the jungle?

Precious



Congratulations...



ClassCharts

Positive points have continued to be issued for pupils that have submitted class work, pictures of completed work or completed challenges through ClassCharts or via admin@stewardsacademy.org since the start of the partial closure period. We have taken a look at the top 10 pupils currently in Years 7-10 with no more than one negative point.

Mariia	Novikova	HMB	7	310
Elissa	Zakaria	ELH	7	278
Lily	Yamoah	MG	7	254
Myah	Weekes	HMB	7	251
Ruby	Ball	JC	7	240
Harriette	Cleall	PS	7	235
Desiree	Adragna	HMB	7	234
Ryan	Campling	HMB	7	234
Samuel	Lott	HMB	7	231
Iga	Nowakowska	MG	7	227
Leslie	Appiah	RN	8	284
Ella	Stacey	RN	8	277
Ella	Braby	UM	8	273
Holly	Battelley	ROG	8	268
Millie	Ward	ROG	8	258
Pheobe	Dimdore	CV	8	256
Charlotte	Roberts	JAS	8	256
Rachael	Carpenter	SE	8	252
Madison	Lintonbon-Baker	EW	8	248
Connor	Vinten-Mccullagh	SE	8	243
Elsie	Pudney	SD	9	337
Ben	Noruwa	EM	9	282
Gabrielle	Hodgson	EM	9	270
Tiffany	Page	FD	9	268
Mandy	Babayemi	ALC	9	248
Divine	Idehen-Amen	SD	9	244
Inas	Alzeer	EM	9	241
Tamara	Bateman	TEC	9	237
Nancy	Osagie	FD	9	237
Louise	Parks	ALC	9	237
Reese	Perkins	CH	10	244
Blessing	Zimani	JS	10	244
Daniel	Monk	JS	10	230
Mia	Todd	CH	10	230
Flick	Parmenter	MSW	10	217
Kemarah	Denty	MSW	10	216
Eva	Hart	EG	10	215
Madison	Parrish	MSW	10	214
Emily	Edwards	MSW	10	211
Paris	North-Stone	JS	10	211
Daisy	Dove	JK	10	205

Well done to all of you that are continuing to keep up with your studies at home. Remember keeping your brain active is important for your education and your wellbeing.

Keep up the good work everyone, look after each other, try not to stress too much and stay safe!